

[About this Product](#)

[Important Safety Information](#)

[Warnings](#)

[Precautions](#)

[What's in the Box](#)

[Product Overview](#)

[Charging](#)

[Disassembling](#)

[Cleaning and Sterilizing](#)

[Before Initial Use](#)

[For Daily Use](#)

[Assembling](#)

[Wearing](#)

[Measurement](#)

[How to Wear](#)

[Using](#)

[Button Controls](#)

[Light Guide](#)

[Check Milk Level](#)

[Pumping Modes](#)

[Use with eufy Baby App \(Optional\)](#)

[Transferring Milk](#)

[Storing Milk](#)

[Store Breast Milk](#)

[Feed Stored Milk](#)

[Maintenance](#)

[Troubleshooting](#)

1. About this Product

Working Principle

The main components of the wearable breast pump are the control unit, vacuum air pump, solenoid valve and power supply. When worn correctly, it forms a closed cavity with the human body. The control unit controls the vacuum air pump to draw out the gas in the cavity, creating a negative pressure. When the negative pressure reaches the expected range, the solenoid valve is controlled to release the air pressure in the negative pressure cavity. This cycle can provide periodic suction to extract breast milk.

The eufy Wearable Breast Pump E10 is equipped with 7 suction levels.

Indications for Use

The eufy Wearable Breast Pump E10 is intended to be used by lactating women to express and collect breast milk from their breasts. This is a personal care product for a single user and should not be shared between users.

Nursing mothers who need to express breast milk using a breast pump are the intended users. If you are a mother who is infected with Hepatitis B, Hepatitis C or Human Immunodeficiency Virus (HIV), pumping breast milk will not reduce or remove the risk of transmitting the virus to your baby through your breast milk.

Contraindications

Do not use this Pump if you have an active implanted device (e.g. pacemaker, implantable cardioverter-defibrillator) that may be affected by magnetic fields.

The eufy wearable Breast Pump may be used at home, office, or other general areas. Special consideration should be given to use:

- During medical procedures: Do not use during any medical procedure or during imaging. For example, do not use pumps during RF ablation of a skin anomaly, X-ray, MRI, or ultrasound.
- With other equipment: Do not use this device adjacent to or stacked with other equipment to avoid improper operation.
- In high electrostatic discharge environments: If the air is very dry, use the device where floors are wood, concrete, or ceramic tile.
- In industrial settings: Avoid using near welding equipment, radar installations, and similar industrial settings.
- Near RF Emitters: Keeps devices that use Wi-Fi, Bluetooth, and other intentional RF emitters at least 30 cm from the pump during operation.

Usage & Lifespan

The pump hub is reusable for a single user. The pump hub has an expected operating life of 500 hours and the built-in battery has an expected operating life of 500 weeks.

Flanges and other washable parts should be cleaned prior to use. These parts are intended for use by a single user only, and should be replaced every 3 months.

2. Important Safety Information

Warnings

- Do not use while bathing.
- Never use while sleeping or drowsy.
- Do not place or store product where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Do not reach for a product that has fallen into water. Unplug immediately.
- Always disconnect from the charger before using it.
- Never operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the product to a service center for examination and repair.

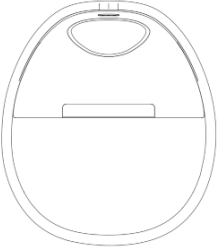
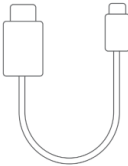
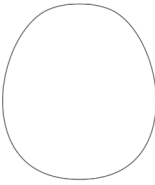
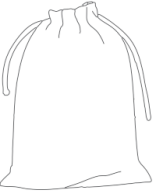
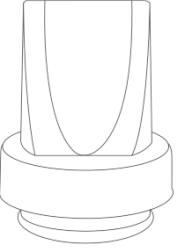
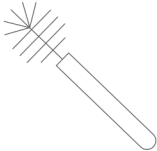
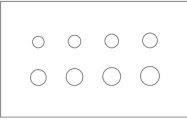

Precautions

- Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Keep the cord away from heated surfaces.
- Never drop or insert any object into any opening or hose.
- Do not use outdoors or operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not modify the product.
- This is not a toy, keep it out of the reach of children.
- This is a personal care product for a single user and should not be shared between users.
- If irritation or discomfort occurs, use your finger to break the seal between the flange and the breast tissue, discontinue use and see a healthcare provider.
- **Do not wear and use the product for over 35 minutes. Consult your healthcare practitioner to understand how long you should pump in a pumping session.**
- Do not wash or sanitize the pump hub. Wipe with clean, damp cloth only.
- Do not place the breast pump in the refrigerator or freezer. Do not use a microwave oven.
- **Do not boil the milk container and all the silicone parts for more than 5 minutes every time.**
- Do not use the product in an environment that is too hot or too cold, never expose the product to strong sunlight or a humid environment.
- **The suitable temperature for this product and accessories is 0°C-32°C.**
- This product contains small accessories that can be swallowed. Use caution when using the product. Keep out of the reach of children.
- Keep the main unit and accessories out of the reach of children, as long USB cables may cause strangulation.
- When the ambient temperature is 20°C, it takes 2 to 6 hours for this device to be ready for use from the lowest/highest storage temperature.

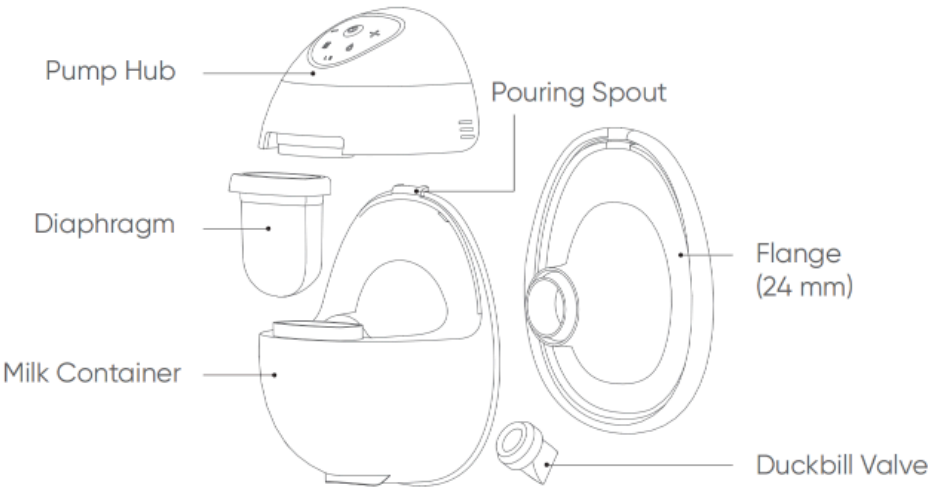
3. What's in the Box

When unpacking, please make sure that all of the following parts are included in the package. If any part is missing, please contact **eufy Smart Support Center**: <https://support.eufy.com/s/contact-us>

More wearable breast pumps and spare parts are available for purchase at <https://www.eufy.com/breast-pump>

 x2	 x2	 x2	 x1
Breast Pumps (24 mm Flanges)	USB-C Charging Cables	Dust Covers	Storage Bag
 x2	 x1	 x1	 x1
Extra Duckbill Valves	Cleaning Brush	Nipple Measurement Card	Quick Start Guide

4. Product Overview



Part	Function
Pump Hub	The motor of a breast pump. It has a control panel on which you can control the settings.
Diaphragm	A membrane that creates suction through deformation, separates breast milk and the pump hub, and ensures that your milk supply is sanitary.
Milk Container	A collector of breast milk. After each pumping session, transfer breast milk from the container through the pouring spout.
Pouring Spout	From where the collected breast milk is transferred from the milk container.
Flange	A silicone piece that fits directly over your nipple to form a vacuum seal. Please refer to the Nipple Measurement Card included in the package or the "Measurement" section in this user guide to find the right flange or insert size for yourself.
Duckbill Valve	A valve that promotes suction as well as releases breast milk into the container.

5. Charging

<https://youtu.be/TdFOsXclZvA>

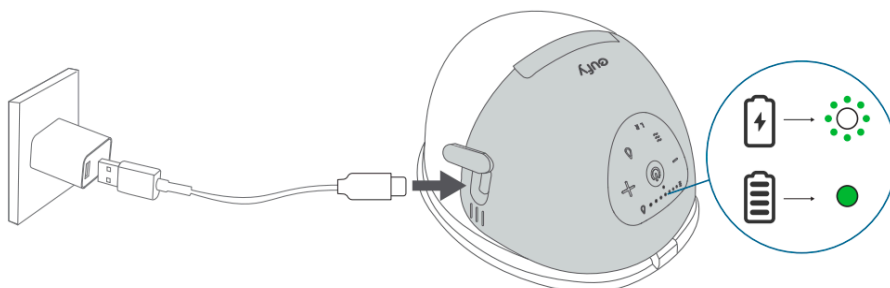
Before initial use, fully charge your breast pumps, which can last up to 4 to 6 pumping sessions.

Your breast pump does not work when charging with a charger.

Do not wear the breast pumps during charging.

Why will my pump hub not boot up? If you encounter a pump hub that does not work, press and hold the power button on the pump hub for 12 seconds to reset and see if it turns on.

Use a USB-C charging cable (included) and a **5V/1.2A** or higher adapter (not included) to charge your breast pumps.

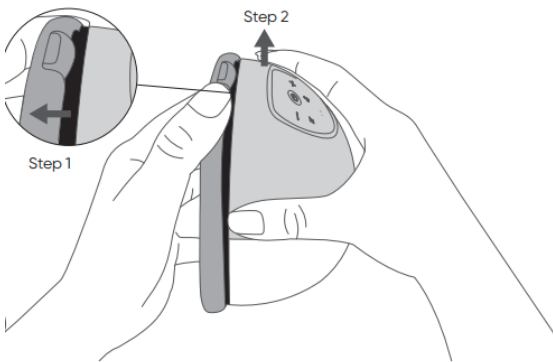


6. Disassembling

https://youtu.be/b_EDWiiGr7k

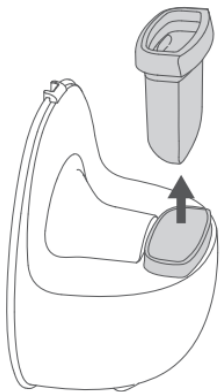
For initial use, or after each use, disassemble the pumps into parts that can be cleaned or sterilized separately.

1. **Step 1:** Hold the pump hub with one hand and use the thumb of the other hand to pull the container edge near the spout outward to release the pump hub from the spout. (Avoid pulling the flange.)
Step 2: Lift the hub.

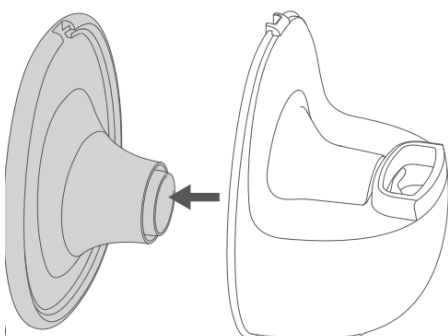


The locking mechanism between the pump hub and the pouring spout ensures reliable suction.

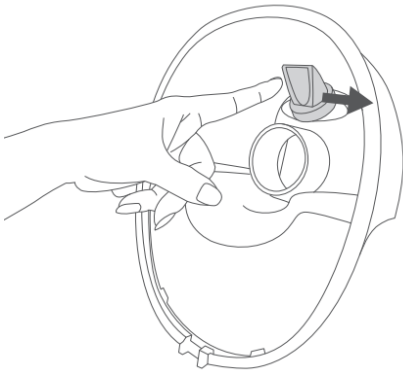
2. Remove the diaphragm from the groove.



3. Unwrap the outer ring of the flange, and pull the flange out.



4. Flick the duckbill valve with your finger to remove it.



The duckbill valve may be slippery after you use it for pumping. Flicking the duckbill valve helps you move it more easily.

7. Cleaning and Sterilizing

<https://youtu.be/2bGQkeFclVc>

- All components except the pump hub are washable. Clean the pump hub with disinfectant wipes.
- Scrub infant feeding items using the provided clean brush.
- Air-dry all parts thoroughly after cleaning and sterilizing.
- **Lifespan of washable parts:** The estimated life of the washable parts is 1-3 months, and actual life will vary with use and sterilization frequency. Replace them if you notice a decrease in suction and performance (particularly the duckbill valve), or if you have stored them too long when planning to pump for your next child.

Before Initial Use

Sterilize all washable parts by boiling for up to 5 minutes, stirring constantly to prevent the parts from sticking to the container and melting. Alternatively, steam-sterilize for a maximum of 5 minutes.

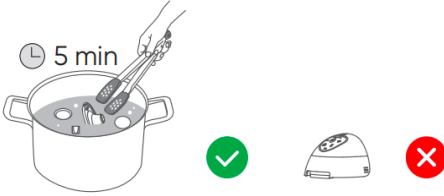
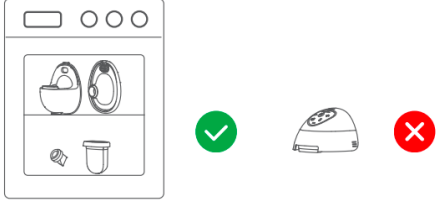
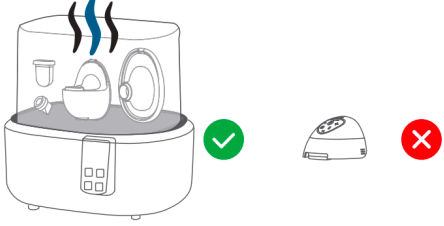
- **Do not use a microwave to sterilize. High temperatures will shorten the lifespan and cause safety hazards.**



- All washable parts (**except pump hub**) can be sterilized as follows.

Always keep the pump hub dry and clean after each pump session. If milk is spilled on the pump hub, wipe it clean with a dry cloth to ensure proper charging.

	Which to Use	How	For how long
--	--------------	-----	--------------

Cooking Pot		<p>Put the washable parts in boiling water.</p> <p>Stir constantly to avoid the parts sticking to the container and melting.</p> <p>Then remove them using clean tongs.</p>	<p>Up to 5 minutes in boiling water</p>
Dishwasher		<p>Steam-sterilize the washable parts.</p>	<p>Depends on the cycle used</p>
Baby Bottle Sterilizer			

For Daily Use

Rinse all washable parts with warm, soapy water, then air dry. Sterilize if needed, using the same methods as the initial cleaning.

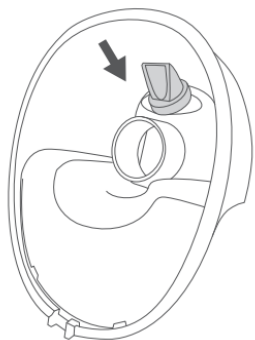


8. Assembling

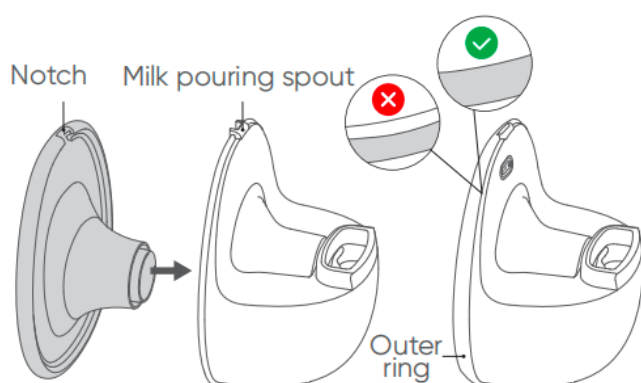
<https://youtu.be/4FdEbmqvjRM>

Before assembling, make sure to wash your hands well with soap and water.

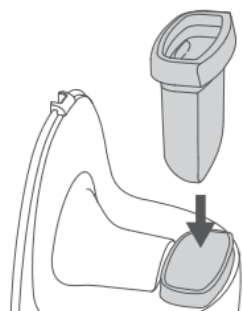
1. Hold the bottom of the container up, insert the duckbill valve into the small hole inside the container with your thumb and index finger and flick it to ensure it does not fall out.



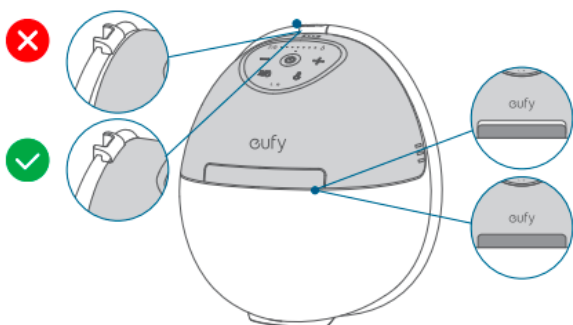
2. Push the flange tunnel onto the container, making sure the notch on the flange aligns with the milk pouring spout. Wrap the outer ring to ensure it is properly assembled to prevent milk leakage.



3. Insert the diaphragm into the groove of the container, with the concave side of the diaphragm facing the flange side.



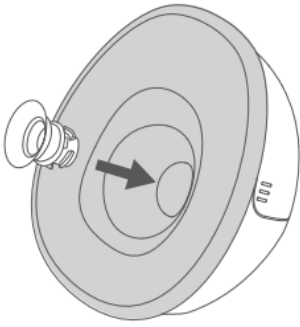
4. Install the pump hub on the top of the container, pressing firmly to seal the gap between the pump hub and the diaphragm.



The locking mechanism between the pump hub and the pouring spout ensures reliable suction.

5. **Optional Step:** To ensure a proper fit, use the Nipple Measurement Card to select an appropriate sizing insert and place the sizing insert in the flange tunnel.

Sizing inserts are sold separately at <https://www.eufy.com/collections/breast-pump-accessories>



9. Wearing

<https://youtu.be/o3ZIRtmDPrE>

Measurement

Use the Nipple Measurement Card to determine your flange or insert size:

1. Stimulate your nipple until it is erect.
2. Slide the hole over each nipple. Select a hole with a nipple diameter that fits snugly around the base.
3. Get your measurement based on the sizing chart.
 - Nipple elasticity can affect sizing. You may need to size down if you have elastic nipples, or size up if you have less elastic nipples. If you experience discomfort or notice a consistent decrease in output, you may need to experiment with different sizes.
 - 15mm, 17mm, 19mm, and 21mm sizing inserts must be used with 24mm flanges. 24mm and 27mm flanges are available for your choice.
 - Each breast needs to be measured separately. A pair of different sized flanges may be required.

Nipple Diameter	Recommended Flange Size
11-13mm	15mm *
13-15mm	17mm *
15-17mm	19mm *
17-20mm	21mm *
20-23mm	24mm
23-26mm	27mm

* Sizing inserts must be used with 24mm flange.

How to Wear

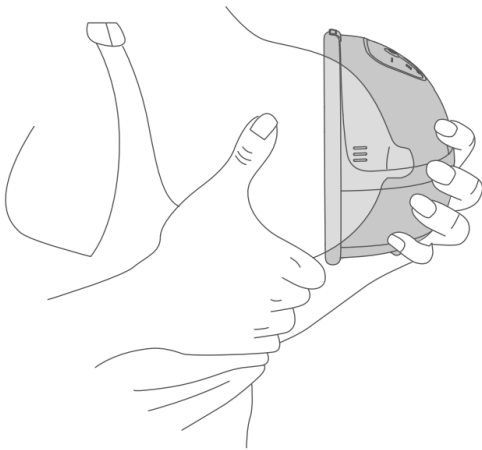
Two criteria will help you determine if the breast pump is positioned correctly:

- Whether you feel a noticeable suction that can pull out milk;
- Whether it is comfortable to wear.

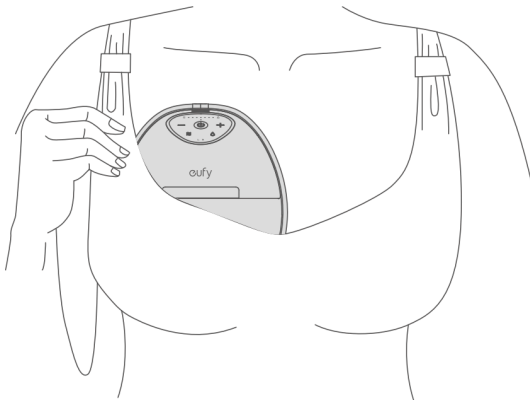
If the wearing position doesn't meet either of these criteria, you need to adjust the position of the pump.

It takes a bit of time for your body to adapt to a new pump, so don't be discouraged if the results aren't good at the very beginning.

1. Slightly lean forward to make sure your nipple is centered in the flange tunnel. The breast pump should be firmly against your breast.



2. Use a full-coverage nursing bra with a flap to create a tight seal between your breasts and the flange.



10. Using

To prevent leakage:





- When you complete assembling, check again that the outer ring of the flange is perfectly sealed.
- Make sure your nipple is at the center of the flange tunnel, and use a full-coverage nursing bra to create a tight seal between your breasts and the flange.

- Do not lean back while pumping. At the end of a session, lean forward to remove the pump.


Can't feel suction or have zero or very little output?





- Inspect the duckbill valve and diaphragm for damage, including cracks, chips, holes, or tears. If a part is damaged, discontinue use and purchase a replacement.
- Check that the assembly is correct and that the four pieces (duckbill valve, flange tunnel, diaphragm, and pump hub) are perfectly sealed.
- Adjust the wearing position, make sure the nipple is at the center of the flange tunnel, the pump is sealed to your breast, and you can feel noticeable suction.
- Experiment with different flange or insert sizes.
- Try different suctions and rhythms.

Button Controls

	Press and hold for 2 seconds	Turn Breast Pump On / Off <ul style="list-style-type: none"> • The breast pump will turn off automatically after pumping for 30 minutes or pausing for 10 minutes.
	Press	Pause / Continue
	Press	Stimulation Mode: In this mode, the breast pump begins with a quick and short sucking pattern to get your milk to start flowing. The stimulation mode will last 2 minutes, then it will automatically switch to expression mode.
	Press	Expression Mode: If breast milk comes out early, switch to expression mode. In this mode, the breast pump begins with a slow sucking pattern for milk expression, sucking more deeply and more slowly.
	Press	Adjust the suction to the most comfortable level. Increase / Decrease the Suction
	Press and hold simultaneously for 2 seconds	Left / Right Side Pairing in the App

Light Guide

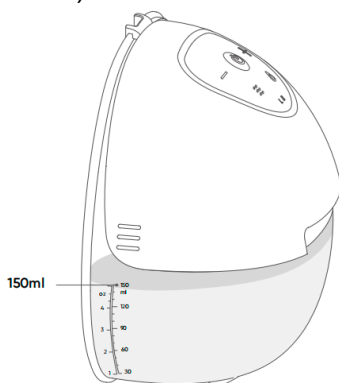
	Flashing Green	Charging in Process
	Steady Green	Fully Charged
	Steady Red	Battery Level <20%
	Flashing Red	Battery Level <10%

	White	In Stimulation Mode
	White	In Expression Mode
	1 to 7 Indicators Steady White	Suction Level: 1 to 7
	Flashing White	In Pause Mode (The breast pump goes into pause mode after it is turned on. Confirm the left or right side and adjust the suction level before pressing the power button to continue.)
	Left / Right Indicator Flashing Alternately	Left / Right Side Pairing in the App
	Left / Right Indicator White	Left / Right Side Paired in the App

- By default, the indicator lights turn off after 10 seconds of inactivity. This time can be changed in the eufy Baby app.
- When the indicator lights are on, pressing the buttons will perform the corresponding actions immediately. When the indicators are off, press any button to wake up and then press the buttons for the corresponding actions.

Check Milk Level

Check the milk level from time to time while pumping to avoid overfilling. Stop pumping if it is more than 6 oz (150 ml).



Do not continue pumping for more than 5 minutes at a time if you do not succeed in expressing any milk. Try again at another time during the day.

- If the process becomes very uncomfortable or painful, stop using the pump and consult your healthcare professional.
- **Do not wear and use the product for over 35 minutes. Consult your healthcare practitioner to understand how long you should pump in a pumping session.**

Pumping Modes

- **Stimulation mode** (also known as Massage mode):

Designed to mimic the initial rapid sucking that a baby does to stimulate the milk ejection reflex, also known as letdown. This mode typically uses a faster and lighter suction pattern to encourage the breasts to start releasing milk. The goal is to signal the body to begin milk flow. This mode is usually shorter in duration, lasting for a few minutes, and is the first phase of the pumping process.

- **Expression mode:**

After the milk ejection reflex has been triggered, switch to expression mode. This mode imitates the slower, deeper suck of a baby when it is actually feeding and drawing milk from the breast. Expression mode uses slower but stronger suction to extract milk efficiently. This phase can last as long as the mother needs to pump to empty the breasts sufficiently, which can be about 10-20 minutes per session.

11. Use with eufy Baby App (Optional)

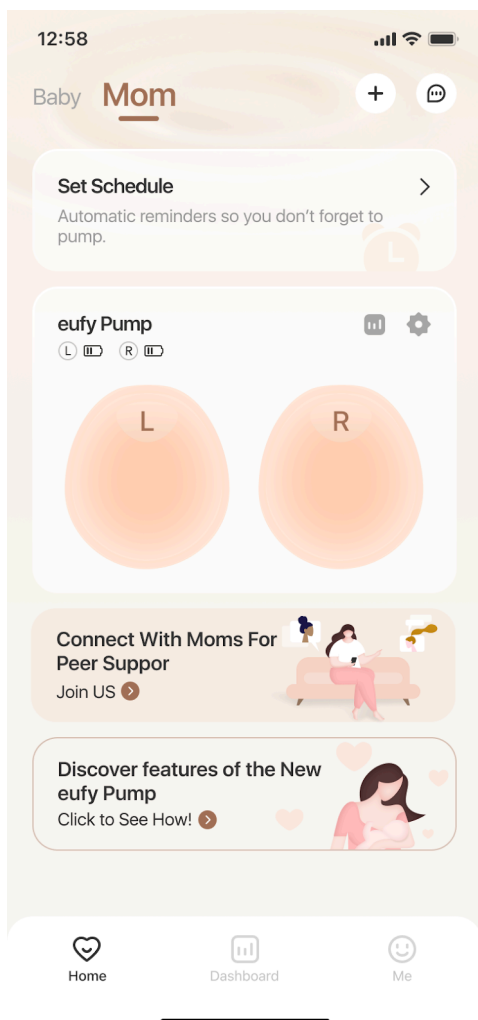
<https://youtu.be/44RUTvKQZqs>

Your phone is your pumping partner. Enhance your experience with the eufy Baby app.

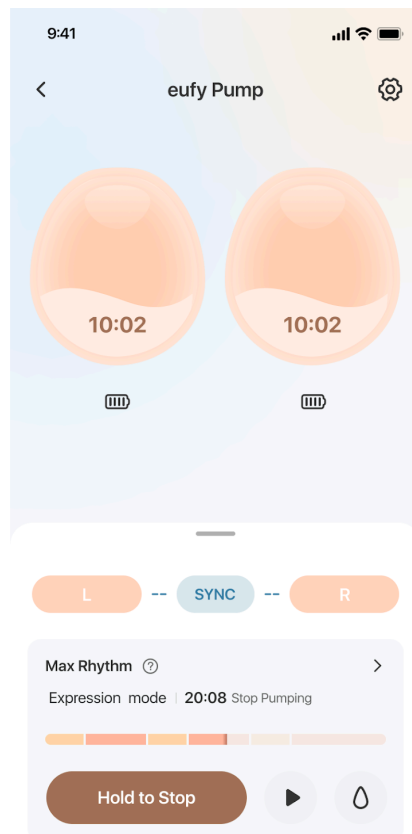
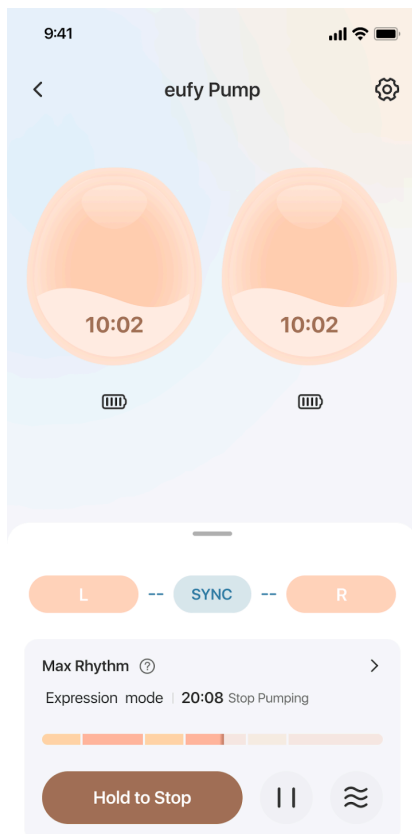
Download and install the eufy Baby app, then sign in or create an account. Follow the in-app instructions to add this device and complete the setup.



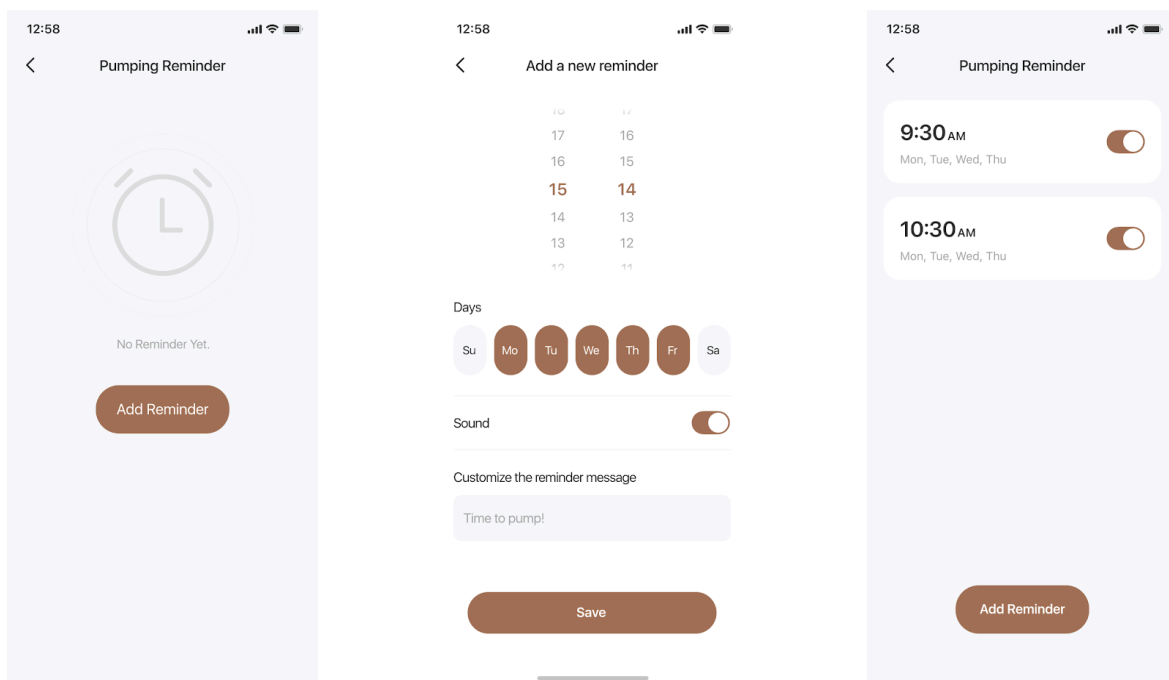
- **Manage devices:** Rename the breast pumps, select sides, and adjust LED light.



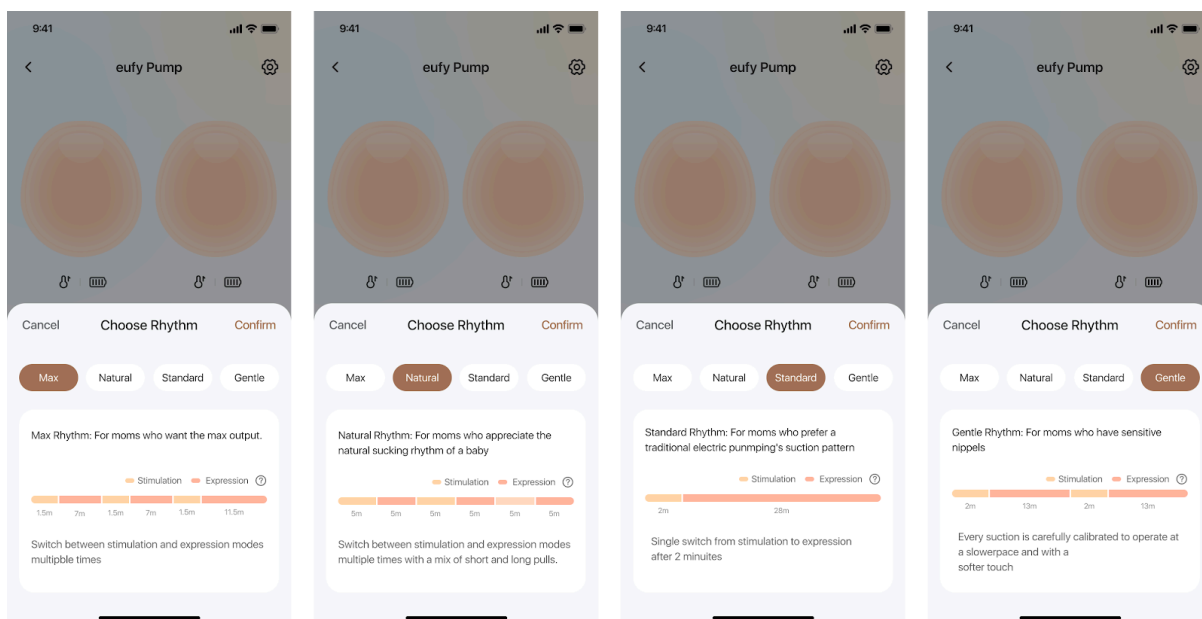
- **Remote control:** Start or stop pumping, adjust suction level, switch between stimulation and expression modes.



- **Set schedule and session:** Remind yourself not to forget to pump. Set a duration or capacity for each session.



- **Optimize Milk Output with OptiRhythm Technology:** Choose from 4 pre-set rhythms and customize your pump by adjusting suction intensity, speed, and duration to best suit your baby.
 - **Max Rhythm (by default):** For moms who want the max output. Switch between stimulation and expression modes multiple times.
 - **Natural Rhythm:** For moms who appreciate the natural suction rhythm of a baby. Switch between stimulation and expression modes with a mix of long and short pulls.
 - **Standard Rhythm:** For moms who prefer a traditional electric pumping suction pattern. Single switch from stimulation to expression mode after 2 minutes.
 - **Gentle Rhythm:** For moms who have sensitive nipples. Each suction is carefully calibrated to operate at a slower pace and with a softer touch.

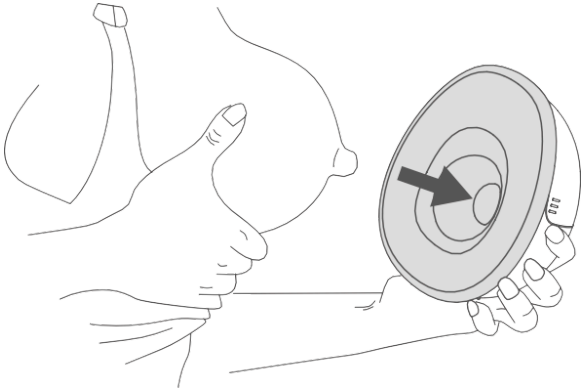


- **Tutorial and FAQ:** Refer to more detailed instructions or troubleshooting.
- **Track data:** Review your pumping history.
- **Upgrade firmware:** Upgrade firmware when available for improved performance or new features.

12. Transferring Milk

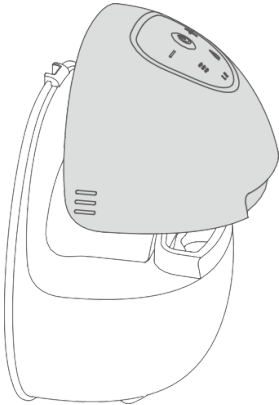
<https://youtu.be/D8MtXge10as>

1. Pause or turn off the breast pump. Lean forward when taking out the pump to prevent leakage.

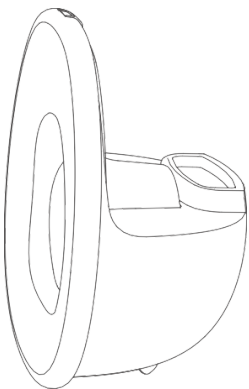


2. Remove the pump hub from the container. (**Refer to "Disassembling" step 1.)**)

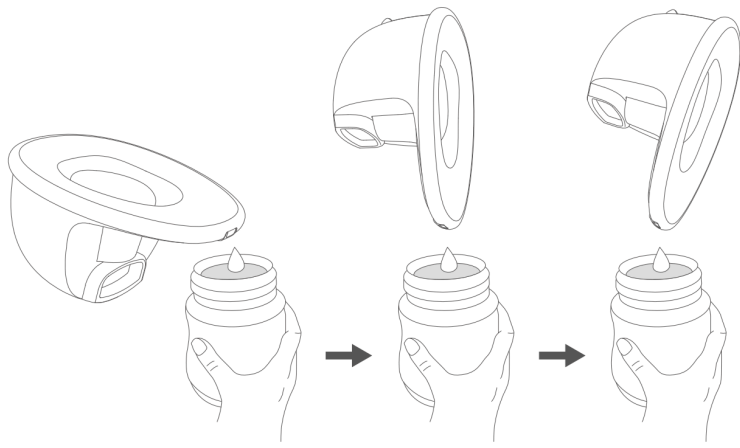
Avoid disassembling any parts (including the diaphragm) other than the pump hub before transferring milk to prevent leakage.



3. Leave the container on the table ready for transfer.



4. Tilt the container with the flange up to pour milk. When the pouring spout faces down, tilt further to empty completely. Lastly, remove the diaphragm if needed to collect any trapped milk under it.



13. Storing Milk

Store Breast Milk

Store breast milk in a clean and sterilized milk storage bag or a milk bottle with a sealing cushion, and immediately place in the refrigerator to chill or freeze.

- Do not freeze breast milk repeatedly.
- Do not mix fresh breast milk with frozen breast milk.

Feed Stored Milk

Place the frozen breast milk in the refrigerator for one night to thaw. Alternatively, you can use a bowl of hot water to thaw in an emergency. Once thawed, it must be consumed within 24 hours.

- Make sure to check the temperature of breast milk before feeding your baby.
- Do not immerse the milk storage bottle in boiling water for heating to prevent it from rupturing or cracking.
- Do not use a microwave oven to heat breast milk.
- Discard the breast milk left after feeding.

14. Maintenance

Pump Hub

Modifications of any kind are prohibited. Opening or tampering with the pump hub will void the warranty. If repair is required, return the pump hub to the retailer or directly to the manufacturer.

Washable Parts

The expected service life of the washable parts is 1-3 months. It is recommended to replace the washable parts after long-term storage or before pumping for your next child. **More wearable breast pumps and spare parts are available for purchase at <https://www.eufy.com/breast-pump>**

Built-in Battery

If your breast pump is not used for a long period of time, the built-in battery will discharge slowly. To prevent damage to the battery from low voltage over a long period of time, charge your breast pumps every 3 months.

Transportation and Storage

Always make sure pump parts are clean and dry before transportation and storage. Charge the eufy Wearable Breast Pump E10 battery prior to long-term storage.

Transportation & Storage Temperature: -20°C to +70°C (-4°F to +158°F)

Relative Humidity: 15% to 90%

Ambient Pressure: 80 to 106kPa

Disposal

The eufy Wearable Breast Pump E10 contains a rechargeable lithium ion battery. Dispose of the Hub and magnetic charging cable according to your local return and collection regulations for electronic equipment. All other components can be disposed of according to your local waste management requirements.

15. Troubleshooting

Problem	Possible causes	Solutions
Pump does not power on	Battery is not charged	Recharge the battery.
Pumping is painful	Suction is too strong	Reduce intensity level. Remain on Stimulation mode for longer before switching to Expression mode.
Milk leakage	Pump is not assembled firmly, seal between breasts and the flanges is not tight enough, improper leaning gesture	<ul style="list-style-type: none">• Check that the outer ring of the flange is perfectly sealed.• Make sure your nipple is at the center of the flange tunnel, and use a full-coverage nursing bra to create a tight seal between your breasts and the flange.

		<ul style="list-style-type: none"> • Do not lean back while pumping. At the end of a session, lean forward to remove the pump.
Can't feel suction or have zero or very little output	Parts damaged, incorrect assembly, improper wearing position	<ul style="list-style-type: none"> • Inspect the duckbill valve and diaphragm for damage, including cracks, chips, holes, or tears. If a part is damaged, discontinue use and purchase a replacement. • Check that the assembly is correct and that the four pieces (duckbill valve, flange tunnel, diaphragm, and pump hub) are perfectly sealed. • Adjust the wearing position, make sure the nipple is at the center of the flange tunnel, the pump is sealed to your breast, and you can feel noticeable suction. • Experiment with different flange or insert sizes. • Try different suctions and rhythms.

16. Specifications

Charging Input	5V = 1.2A
Battery Capacity	1460mAh / 3.8VDC
Rated Power	5W
Battery Charging Time	1.5 Hours
Battery Usage Time	2 Hours
Noise Level	<67.2dBA
Vacuum Strength (at max suction level)	300±30mmHg
Cycle Speed (at max suction level)	29~35 cycles/minute
Operating Temperature	0°C - 32°C
Transportation & Storage Temperature	-20°C - 70°C
Ambient Humidity	15% - 90%
Ambient Pressure	800-1060hPa

